

Wholesome Healing's Capabilities Statement

Providing Holistic Mental Health & Whole-Body Wellness Solutions

Wholesome Healing Consultants LLC; DBA Wholesome Healing

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Liam J. Adair, HHP, ACC

Board Certified Holistic Healthcare Practitioner
Founder & CEO



CERTIFICATIONS:

- Certified Holistic Health Practitioner (American Association of Drugless Practitioners (AADP))
- Certified Life Coach (International Coach Federation (ICF))
- Small Disadvantaged Business (SAM.gov)

DUNS NUMBER: 002584108

NAIC CODES:

- 03784
- 195
- 71510
- 71582
- 71587
- 91867
- 94848
- 621330
- 621399
- 446199
- 446191
- 446120
- 423940
- 424990
- 511130
- 711500
- 711510
- 812199

CAGE CODE: 96CX3

HUD VID: 1834645945800

• 812199

SERVICES

- Life Coaching
- Reiki Touch Therapy
- Hypnotherapy
- Molecular Hydrogen Therapy
- Guided Meditation
- Soundbaths
- Spiritual Counseling
- Crystal Healing Therapy
- Online Courses
 - Master Manifestation
 - Authenticity
 - Learn To Publish Your Book
- Health & Wellness Seminars & Webinars

BUSINESS SUMMARY:

Wholesome Healing specializes in an integrative approach to holistic wellness, combining traditional and contemporary healing modalities. We cater to diverse clientele while fostering a commitment to inclusivity, scientific rigor, and spiritual insight.

Why should you incorporate Wellness Programs into your business' structure?

CDC states that Wellness Programs:

- improve employee performance
- reduce unplanned employee absenteeism
- reduce accidents caused by mental fatigue
- decrease loss of revenue that results due to absenteeism & workplace accidents

INDIVIDUAL CORPORATE GOVERNMENT

MISSION:

Owner Liam J. Adair is the First Black Transgender Board Certified Holistic Healthcare Practitioner, in the United States (AADP). Empowering holistic wellbeing, our mission is to integrate cutting-edge science with ancient wisdom, fostering a workforce that thrives both in purpose and health.

VALUES:

Integrity - We value honesty, reliability, and accountability. We respect our clients, their opinions, and we encourage an open environment where they feel comfortable and confident enough to express their truth.

Transparency - We believe it is imperative that our practices, policies, and partners remain visible to our current and prospective clients. This helps to build the trust that is needed to create effective and engaging sessions.

Adaptability - We remain flexible in the ways we carry out our duties for no to clients are the same and will not respond the same way to each service. We are sensitive to the reality that we must co-design, and if needed, adjust our plans to fit the needs of our clients.

Quality - We take pride in the hard work we invest in our clients and the types of programs we design for Holistic Mental Health & Whole-Body Wellness.

CORE COMPETENCIES

- Holistic Therapeutic Techniques
- Mindfulness and Meditation Sessions
- Spiritual Counseling (non-religious)
- Corporate Wellness Counseling
- Corporate Wellness Advocacy
- Authenticity and Resilience Training
- Sound Therapy Group Sessions
- Holistic Retreat Organization
- Authorship and Thought Leadership
- Energy Clearing and Rejuvenation
- Molecular Hydrogen Therapy Consultation & Education



2023 LGBTBE Certified Business of the Year

Greater Houston LGBT Chamber of Commerce



[Instagram](https://www.instagram.com/wholesomehealingtx) [LinkedIn](https://www.linkedin.com/company/wholesomehealingtx) [Pinterest](https://www.pinterest.com/wholesomehealingtx) [TikTok](https://www.tiktok.com/@wholesomehealingtx) [YouTube](https://www.youtube.com/channel/UCwholesomehealingtx) @wholesomehealingtx

[Amazon.com/author/liamjadair](https://www.amazon.com/author/liamjadair)



Fall 2019 Graduate